

# Personal Safety, Situational Awareness & Self Defense Workshop

*Presented By:*

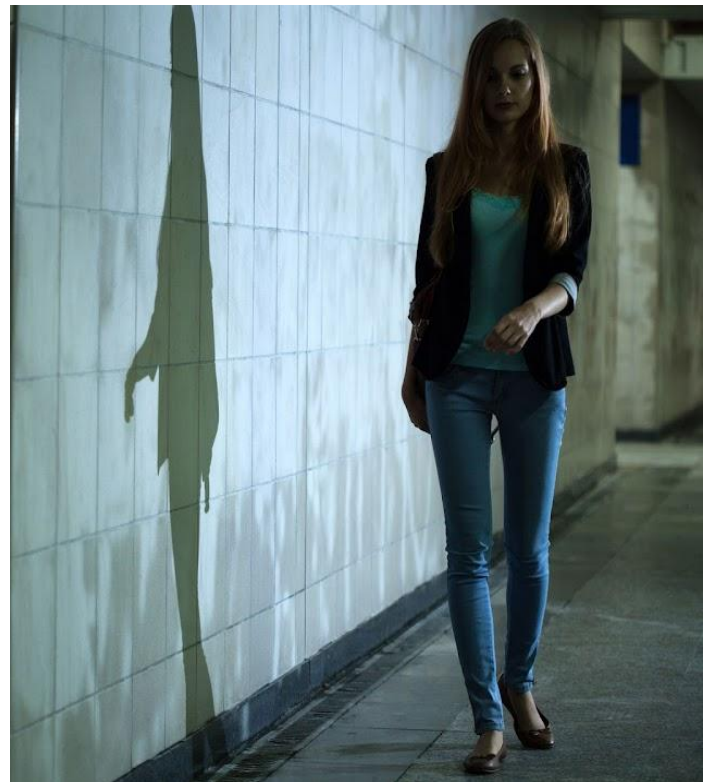


**Registration Fee: \$25**  
**Saturday, November 2, 2024**  
**1:00 PM – 3:30 PM**

**Hunterdon Health & Wellness  
Center**  
**Clinton Health Campus**  
**1738 Route 31 North**  
**Studio 3**

**Join us for this course designed  
to equip individuals with the  
skills and knowledge needed to  
protect themselves,  
emphasizing personal safety,  
situational awareness, and  
recognition of potential threats.**

To register, call the  
Front Desk in Clinton at  
908-735-6884



**Hunterdon Health**

Hunterdon Health and Wellness Centers  
Clinton • Whitehouse Station